

AHA
Access and Environment Workgroup
10/22/09 Minutes

1. Walking Programs
 - a. Dexter
 - i. Will be presenting the idea to his HOA in December
 - ii. It would be interesting to pull together a packet of educational information for other related topics (ie: snacking)
 - b. Carol
 - i. Nutrition students are working on community and school garden one-pager first
 - ii. They are interested in keeping with a constant format for the handouts; keep with the theme of the snacking guide
 - c. Walking Program One Pager
 - i. Keep with the format/theme of the snacking guide and include a walking log on the back of the page
 - ii. At the bottom of the page, include AHA website as reference for more information on walking and other programs
 - iii. For the future: consider creating a reference list of what groups are walking when – an easy resource for individuals seeking out existing walking groups in their area
 1. Link up to emails
 2. Create a competition/goals for walking groups to strive for
 3. Link AHA website up to WakeMed's reference list of local walk/runs
2. AHA in Your Community
 - a. Karson
 - i. Will start to develop a list of community engagement opportunities
 - ii. Marjorie and JG will assist
3. Mapping Update
 - a. Charlynnne
 - i. New GIS system is up and running and working better
 - ii. Met with Thomas and are working out a way to use googledocs to share information - we will have control over what the public can see
 - b. Youth Mapping Update
 - i. Although the NEMS is complicated, the teens will translate the score into a star rating on five point scale and will include a brief explanation
 - ii. Teens are now blogging on the AHA website
 - iii. Now have video and still cameras and are beginning to produce videos; first topic is product placement
 - iv. Laura will be meeting with the convenient store owner across from Fuquay-Varina High School with a proposal the teens are developing
 - v. Results, videos, and proposal will all be presented on November 21st

Next Meeting: December 4th

Any updates on the walking programs one-pager, community engagement information, and mapping project will be communicated via email until then